Rule 3.19A.2

# Appendix 3Y

## Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/09/01 Amended 01/01/11

Name of entity	PROGRAMMED MAINTENANCE SERVICES LIMITED
ABN	61 054 742 264

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	CHRISTOPHER GLEN SUTHERLAND
Date of last notice	6 AUGUST 2012

#### Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

Direct or indirect interest	Direct Interest
Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest.	N/A
Date of change	22 January 2013

<sup>+</sup> See chapter 19 for defined terms.

No. of securities held prior to change	Direct:	
No. or securities field prior to change	Performance Options	
	Tranche PO-3 150,000 Performan Issue Date: 21 January 2010 Vesting Date: 21 January 2013 Expiry Date: 21 January 2014 Exercise Price: 5 day VWAP at ti	
Performance Rights		
	Tranche PR-4 60,000 Performance Issue Date: 21 January 2008 Vesting Date: 21 January 2013 Expiry Date: 21 January 2014	e Rights
	Tranche PR-17 150,000 Performa Issue Date: 8 August 2011 Vesting Date: 1 July 2014 Expiry Date: 1 July 2015	nce Rights
	Tranche PR-18 150,000 Performa Issue Date: 8 August 2011 Vesting Date: 1 July 2015 Expiry Date: 1 July 2016	nce Rights
	Tranche PR-19 150,000 Performa Issue Date: 8 August 2011 Vesting Date: 1 July 2016 Expiry Date: 1 July 2017	nce Rights
	2012 Award 150,000 Performan Issue Date: 6 August 2012 Vesting Date: 1 July 2016	ace Rights
	Indirect: Fully Paid Ordinary Shares:	
	Christopher Sutherland	3,954
	C&K Sutherland Unit A/c	45,240
	Sutho One Pty. Ltd. (Sutho One Super Fund A/c)	113,995
	Sutho One Pty. Ltd. (The Sutherland Family A/c)	342,100
	CPU Share Plans Pty Ltd	77,853
	Total	583,142

<sup>+</sup> See chapter 19 for defined terms.

Appendix 3Y Page 2 01/01/2011

Class	Performance Rights	
	Performance Options	
Number acquired	Nil	
Number disposed	60,000 Performance Rights Issued on 21 January 2008 have lapsed.	
	150,000 Performance Options Issued on 21 January 2010 have lapsed.	
Value/Consideration  Note: If consideration is non-cash, provide details and estimated valuation	Nil	
No. of securities held after change	Direct: Performance Rights Tranche PR-17 150,000 Performance Rights Issue Date: 8 August 2011 Vesting Date: 1 July 2014 Expiry Date: 1 July 2015  Tranche PR-18 150,000 Performance Rights Issue Date: 8 August 2011 Vesting Date: 1 July 2015 Expiry Date: 1 July 2016  Tranche PR-19 150,000 Performance Rights Issue Date: 8 August 2011 Vesting Date: 1 July 2016 Expiry Date: 1 July 2016 Expiry Date: 1 July 2017  2012 Award 150,000 Performance Rights Issue Date: 6 August 2012 Vesting Date: 1 July 2016	
	Indirect: Fully Paid Ordinary Shares:	
	Christopher Sutherland 3,954	
	C&K Sutherland Unit A/c 45,240	
	Sutho One Pty. Ltd. (Sutho One Super Fund A/c) 113,995	
	Sutho One Pty. Ltd. (The Sutherland Family A/c) 342,100	
	CPU Share Plans Pty Ltd 77,853	
	Total 583,142	

<sup>+</sup> See chapter 19 for defined terms.

Nature of change	The Performance Rights and Performance
Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment	Options issued pursuant to Mr Sutherland's
plan, participation in buy-back	Executive Service Agreement with the Company
	have lapsed because the performance hurdle for
	these securities was not met.

### Part 2 – Change of director's interests in contracts

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

Detail of contract	N/A
Nature of interest	N/A
Name of registered holder (if issued securities)	N/A
Date of change	N/A
No. and class of securities to which interest related prior to change  Note: Details are only required for a contract in relation to which the interest has changed	N/A
Interest acquired	N/A
Interest disposed	N/A
Value/Consideration  Note: If consideration is non-cash, provide details and an estimated valuation	N/A
Interest after change	N/A

## Part 3 - +Closed period

Were the interests in the securities or contracts detailed above traded during a +closed period where prior written	
clearance was required?	
If so, was prior written clearance provided to allow the trade to proceed during this period?	N/A
If prior written clearance was provided, on what date was this provided?	N/A

Appendix 3Y Page 4 01/01/2011

<sup>+</sup> See chapter 19 for defined terms.