



International nurses

Join once, work anywhere

Immerse yourself in Melbourne's culture...take a stroll on Sydney's Bondi Beach...or bask in the glory of Queensland's Gold Coast. Experience all this and more with Programmed Health Professionals (PHP).

Register with PHP today and our expert team will help you with all the information you need to make the move.

Let us guide you through all the important hurdles, from nursing registrations (AHPRA), to advice on accommodation, to finding the right work to suit your experience and preferences.

Opportunities are available on a casual or contract basis across all healthcare sectors, in all major capital cities as well as some of the more remote locations in outback Australia.

Why choose Programmed?

We are a national organisation with offices in all the major capital cities. This means you only need to attend one interview and you can work anywhere across the country.

Our friendly team of experienced consultants will work with you while you are still at home. We will help you navigate through your working holiday journey, ensuring you are 'work ready' when you arrive and in each location you visit.

This ease of transition makes PHP the agency of choice for travelling nurses.

Join Programmed today to live and nurse in some of Australia's idyllic locations...

 health.professionals@programmed.com.au

 programmed.com.au/health

 **PROGRAMMED**
Health Professionals

Where do I start?

The process of applying to work in another country can be overwhelming so we want to make it as easy as possible for you.

Our consultants will work with you to ensure you have all the checks and balances in place to commence work in Australia before you have even left home.

Apply for AHPRA registration

For more information and application forms, visit the Nursing and Midwifery Board website. Follow the links to internationally qualified nurses and midwives.

Organise visa

For information on how to obtain a working holiday visa, visit the Department of Home Affairs website and follow the links to visas, immigration and citizenship.

You'll also need:

- ▶ 12 months experience as a registered nurse
- ▶ 2 clinical references
- ▶ Overseas police check

What can I expect in Australia?

The **public hospital system** in Australia is similar to the United Kingdom's (UK) National Health System (NHS). Anyone can get treatment in a public hospital and they are usually accessible by public transport. Public hospitals are generally much larger than private hospitals.

We also have an extensive network of **private hospitals**. To access these services, you must have means to cover the cost of the healthcare provided – either through private health insurance or by directly funding the cost of care.

Nurse to patient ratios in Australia's public hospitals are more favourable - approximately 1:4 during the day. Ratios in private hospitals can vary from 1:4 to 1:6.

At times you may buddy up with another nurse to share a larger patient load.

Shift times can vary between hospitals but they are generally;

Morning	0700-1500
Afternoon	1430-2200
Night	2130-0730

Some hospitals do have 12 hour shifts but they are usually limited to specialty areas, such as ICU and HDU





Specialty areas

Nurses with experience in speciality areas are always in demand in Australia, for example:

- ▶ Midwifery
- ▶ Emergency
- ▶ Operating theatres
- ▶ Intensive care / coronary care
- ▶ Neonatal intensive care

In some states, depending on your experience, Programmed may be able to pay you a higher hourly rate if you meet our criteria of a specialist nurse and we are able to secure you work in your area of speciality.

Programmed benefits

Programmed can also offer you:

- ▶ Uniform provided free of charge
- ▶ Professional indemnity insurance
- ▶ Access to education
- ▶ Flexible shifts and days of work
- ▶ Access to our online booking system
- ▶ 24/7 support through our national allocations team

What else should I consider?

Tax File Number

A tax file number is a must if you plan on working in Australia. For more information, visit the Australian Taxation Office website

Bank account

Don't forget to open an Australian bank account so we can pay you.

Travel insurance

Before you leave for Australia, make sure you have travel insurance that will cover you for any hospital stays, or in the worst case scenario, repatriate you back home if needed. Be sure to read the product disclosure statements carefully.

Medicare card

You may be also be eligible for an Australian Medicare card. To find out more, visit the Australian Department of Human Services website.

Mobile phone

As an agency nurse, it is important to have a reliable phone that we can contact you on. If you plan to bring your own phone, have it checked with your local carrier so they don't lock your device.

Immunisations

Some states in Australia require you to provide proof of immunisations or serology.

We recommend obtaining your immunisation record from your current employer or obtain the relevant serology.

Common requirements in most hospitals include:

- ▶ Hepatitis B
- ▶ Measles / Mumps / Rubella
- ▶ Varicella (chicken pox)
- ▶ Diphtheria / Tetanus / Pertussis
- ▶ Tuberculosis

If there are any other requirements, our team will be sure to let you know.

Contact Programmed and start planning your working holiday adventure today...

Checklist before you leave...

- ✓ Contact Programmed to determine work options
- ✓ Work visa
- ✓ Submit nursing registration
- ✓ Relevant qualification and training certificates
- ✓ 100 points of ID e.g. Passport, drivers licence and bank card
- ✓ Immunisation paperwork
- ✓ 2 x clinical references
- ✓ Rental reference/s to help secure accommodation
- ✓ Black shoes (no clogs or crocs)
- ✓ White collared shirt and navy or black trousers
- ✓ Mobile phone

